

# *Living with Alzheimer's*

Beginning Wednesday, September 7, 2016 - Beacon Home Care will host a free educational series for caregivers at their office in Downtown Port Huron (corner of Quay & Huron). Come join our experts as we discuss these topics:

- September 7      *"Understanding Alzheimer's"*  
Diagnosis, stages, behavior issues, medications  
Rick Snook, RN, Mental Health and Joan Pope, LMSW
- September 21    *"Legal Planning"*  
Matthew Wallace, P.C.
- October 5        *"Safety issues around the home" and*  
*"Eating and swallowing issues"*  
Staci Woods, OTR and Rosann Brachel, SLT
- October 19      *"What about Me?" Self-care for Caregivers*  
Joan Pope, LMSW
- November 2     *"Alive Inside" - documentary film*  
The Power of Music to Connect
- November 16    *"Help and Resources within our Community"*  
Joan Pope, LMSW

Call Beacon to reserve your seat – registration is limited. You may attend specific sessions or the entire series. Each session is on a Wednesday from 1:30 – 3:00 PM. Call today at 966-3480. Refreshments will be provided.

[www.beaconcares.com](http://www.beaconcares.com)